

# Employing Family Caregivers in Home Care Agencies (Spitex)

Authors: Lara Nonnenmacher, Iren Bischofberger, Katharina Pelzelmayer

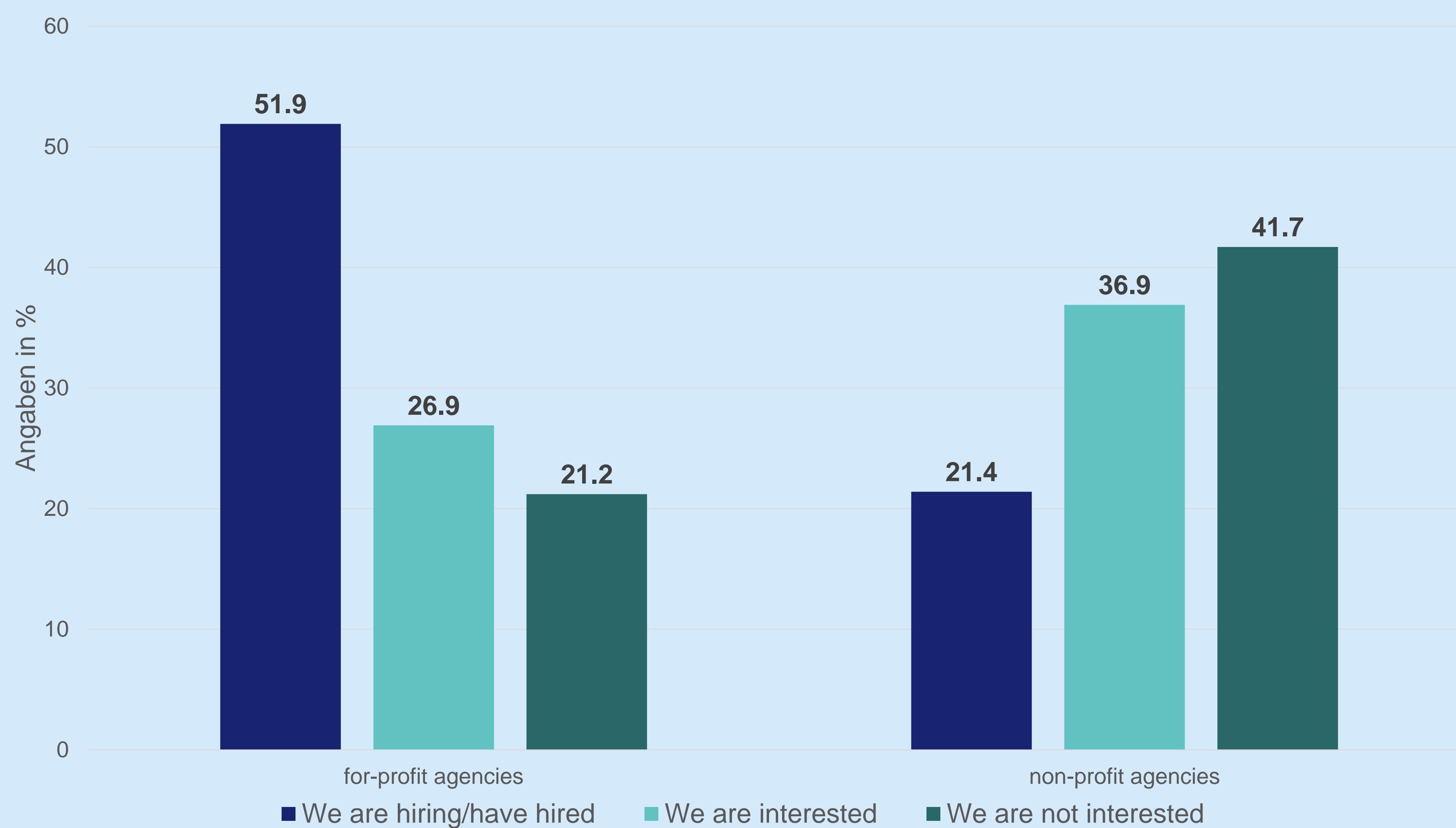


Figure 1: Number of for-profit and not-profit home care agencies (Spitex), that employ/have employed family caregivers or have interest/no interest in the for-profit model, in %.

## Background

- Staffing is increasingly challenging.
- “Outpatient prior to inpatient care” remains.
- Unpaid family caregivers provided over 64 million hours of unpaid care and support in 2013.
- Potential risk of financial and social precarity for family caregivers.

Hence

- Innovative staffing models of good practice in home care are needed.

## Research aim

- Develop further the employment model.
- Enable family caregivers and home care agencies to make an informed decision.
- Explore different experiences.

## Method

- Online survey of 52 for-profit and 84 non-profit home care agencies.
- Participatory development of questionnaire in 2019.
- Descriptive data analysis, part of a boarder multi-method design
- Output: practice-oriented manual.

## Results

- 84 out of 284 non-profit agencies participated (response rate 29.6%).
- 52 of 197 for-profit agencies participated (response rate 26.4%).

### For-profit agencies

- 27 agencies (51.9%) have employed a total of 84 family caregivers to date.
- 77 (91.7%) are female, 7 are male.

### Non-profit agencies

- 18 agencies (21.4%) have employed a total of 54 family caregivers to date.
- 53 (98.2%) are female and one male.

### In both groups

- Employed family caregivers were mainly daughters-in-law or daughters.
- The mean age was 45-54.
- The scope of employment is between 25-50%, mainly on an hourly basis.
- The employment relationship is predominantly terminated directly upon the caree’s death or transfer to nursing home.

## Discussion

- The employment model is innovative and a sustainable solution against staffing shortages in home care.
  - It is practiced mainly by for-profit agencies, since 2015.
  - The high percentage of women, employed on a part-time and mainly hourly basis, is remarkable.
  - Combination of low wages and low job security results in a risk of precarity for female family caregivers.
  - More research from an equality perspective needed.
- Project “work and care integra plus” explores solutions.

## References

- Leu, A., & Bischofberger, I. (2012). Pflegende Angehörige als Angestellte in der Spitex: Eine Annäherung aus rechtlicher, qualifikatorischer und konzeptioneller Perspektive. *Pflegerecht*, 1(4), 210–218.
- Otto, U., & Bischofberger, I. (2020). Gesundheitsstandort Privathaushalt – mehr Aufmerksamkeit nötig. Theorie und Praxis der Sozialen Arbeit, 71(2), 115–123.
- Pelzelmayer, K. (2020). The feminist political economy of employing informal family caregivers. Feministische Geo-RundMail: Informationen rund um feministische Geographie, 2020(81), 43–48.
- Rudin, M., & Strub, S. (2014). Zeitlicher Umfang und monetäre Bewertung der Pflege und Betreuung durch Angehörige: Datenzusammenstellung, Factsheet im Auftrag des Spitex Verbands Schweiz. Bern: Büro für arbeits- und sozialpolitische Studien BASS. Retrieved October 27, 2014.
- Project: «work and care integra plus»  
<http://www.projektsammlung.ch/topbox/detail/5f439722d02971489b78fe5c?lang=de&>

## Kontakt

Careum Hochschule Gesundheit AG Gloriastrasse 18a, CH-8006 Zürich  
 Telefon +41 43 222 63 00 gesundheit@careum-hochschule.ch www.careum-hochschule.ch