



careum

Careum
School of Health
Part of the Kalaidos University
of Applied Sciences



Young Carers

Soutenir les jeunes aidant-e-s à l'aide d'une carte réseau en ligne

Sarah Rabhi-Sidler & Prof. Dr. Agnes Leu
online, april 29th 2021, CNHW Conference

Programme

1. Welcome
2. Young Carers Research & Evaluation in Switzerland
3. Young Carers – who are they?
4. What are the support needs of Young Carers?
5. National Young Carers network map
6. Questions & discussion

1. Welcome

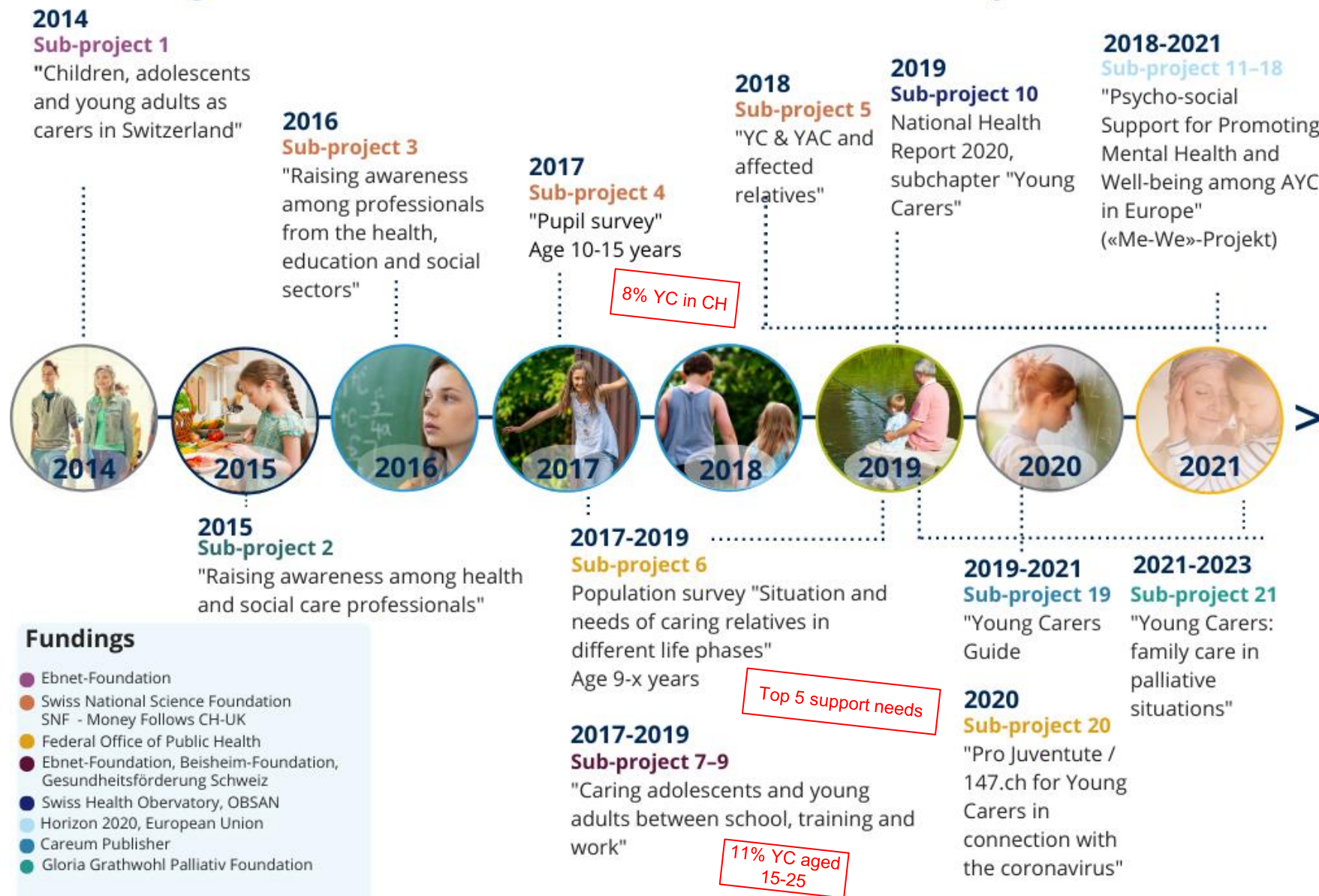


1. Welcome

Young Carers research team at Careum School of Health



Young Carers Switzerland: Research – Evaluation – Policy – Practice



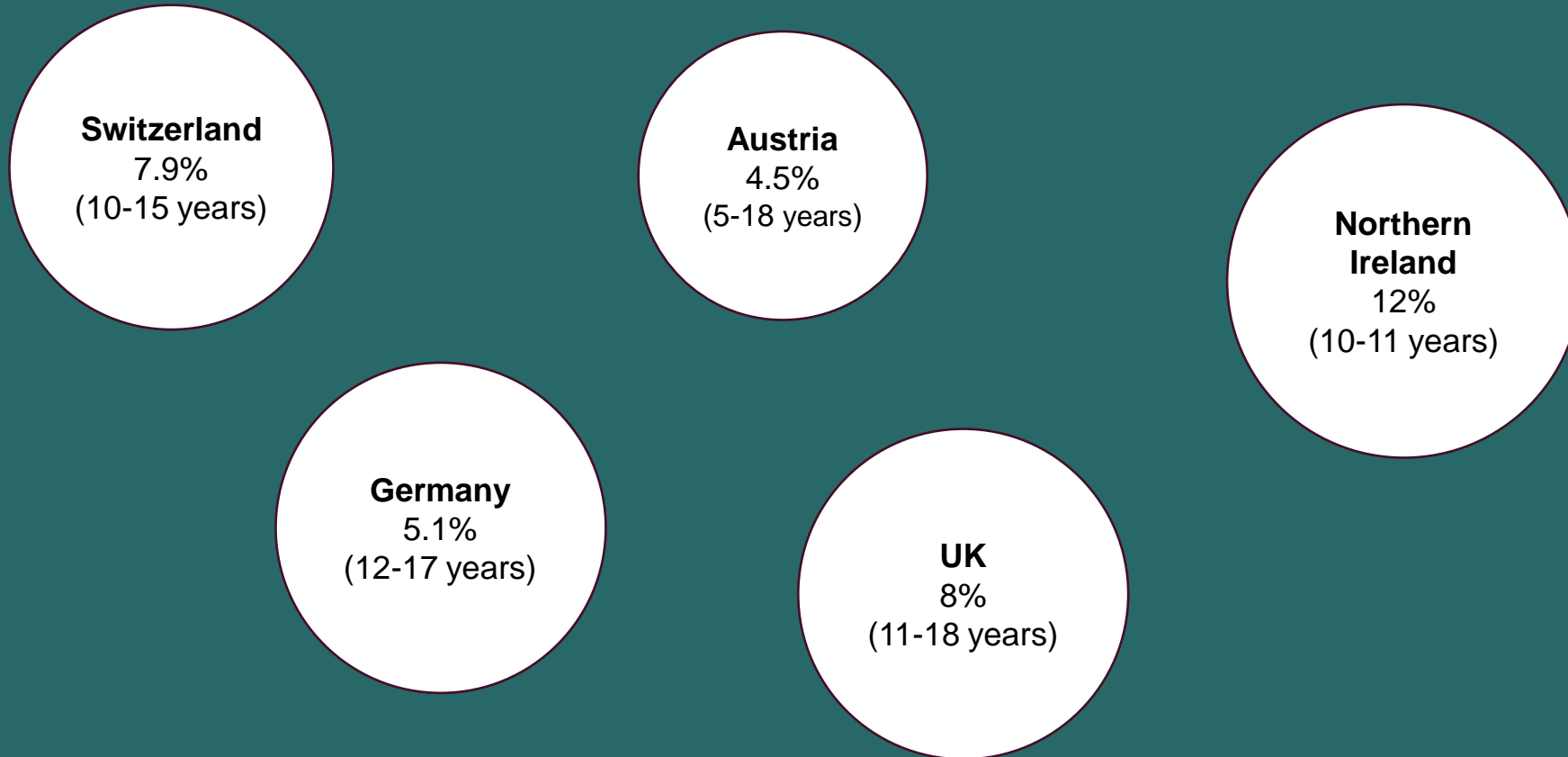
3. Young Carers – who are they?

Definition

- children and young persons under 18
- provide care, assistance or support to a close one (parents, grandparents, siblings, etc.)
- often on a regular basis
- significant or substantial support tasks
- assume a level of responsibility that would usually be associated with an adult

(Becker 2000)

3. Young Carers – How many are they in Switzerland and in other countries?



3. Young Carers – What tasks do they take on?

- emotional support
- care
- medical tasks
- household
- settle financial matters
- communication with professionals
- ...



4. What are the support needs of Young Carers?

Top 5 support needs of Young Carers (9-15; N = 387 / 388)

1. emergency: help and information
2. more time for hobbies
3. help in personal/social difficult situations
4. conversations and support for themselves
5. accompaniment and driving service for the supported person



Quelle: Otto U., Leu A., Bischofberger I., Gerlich R., Riguzzi M., Jans C., Golder L. (2019): Bedürfnisse und Bedarf von betreuenden Angehörigen nach Unterstützung und Entlastung – eine Bevölkerungsbefragung. Schlussbericht des Forschungsmandats G01a des Förderprogramms «Entlastungsangebote für betreuende Angehörige 2017–2020». Im Auftrag des Bundesamts für Gesundheit BAG, Bern.

4. What are the support needs of Young Carers?

Top 5 support needs of Young (Adult) Carers (16-25; N = 105)

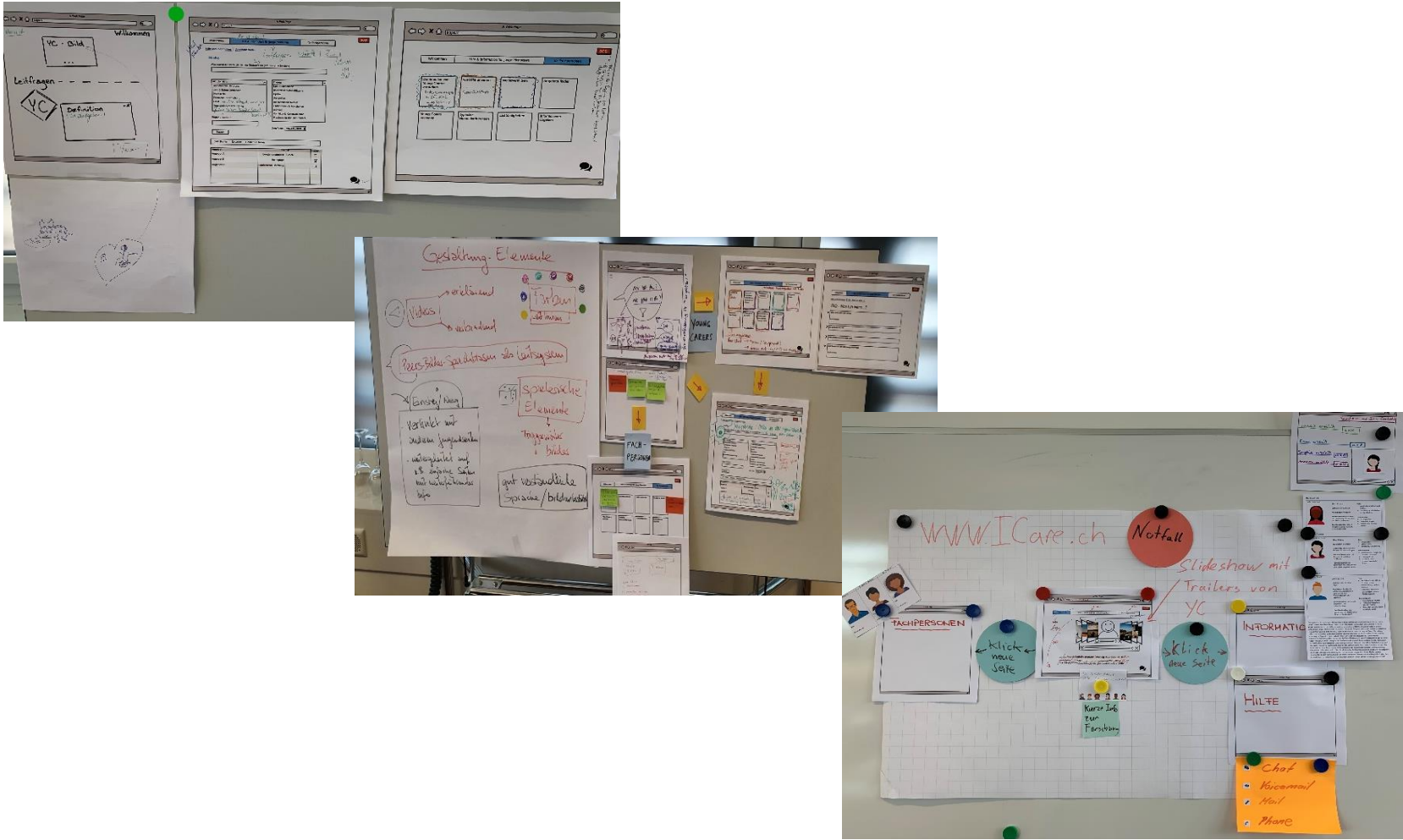
1. emergency
2. help for my family and other close persons
3. advice on financial and insurance matters
4. conversations with health professionals
5. talk to persons in a similar situation



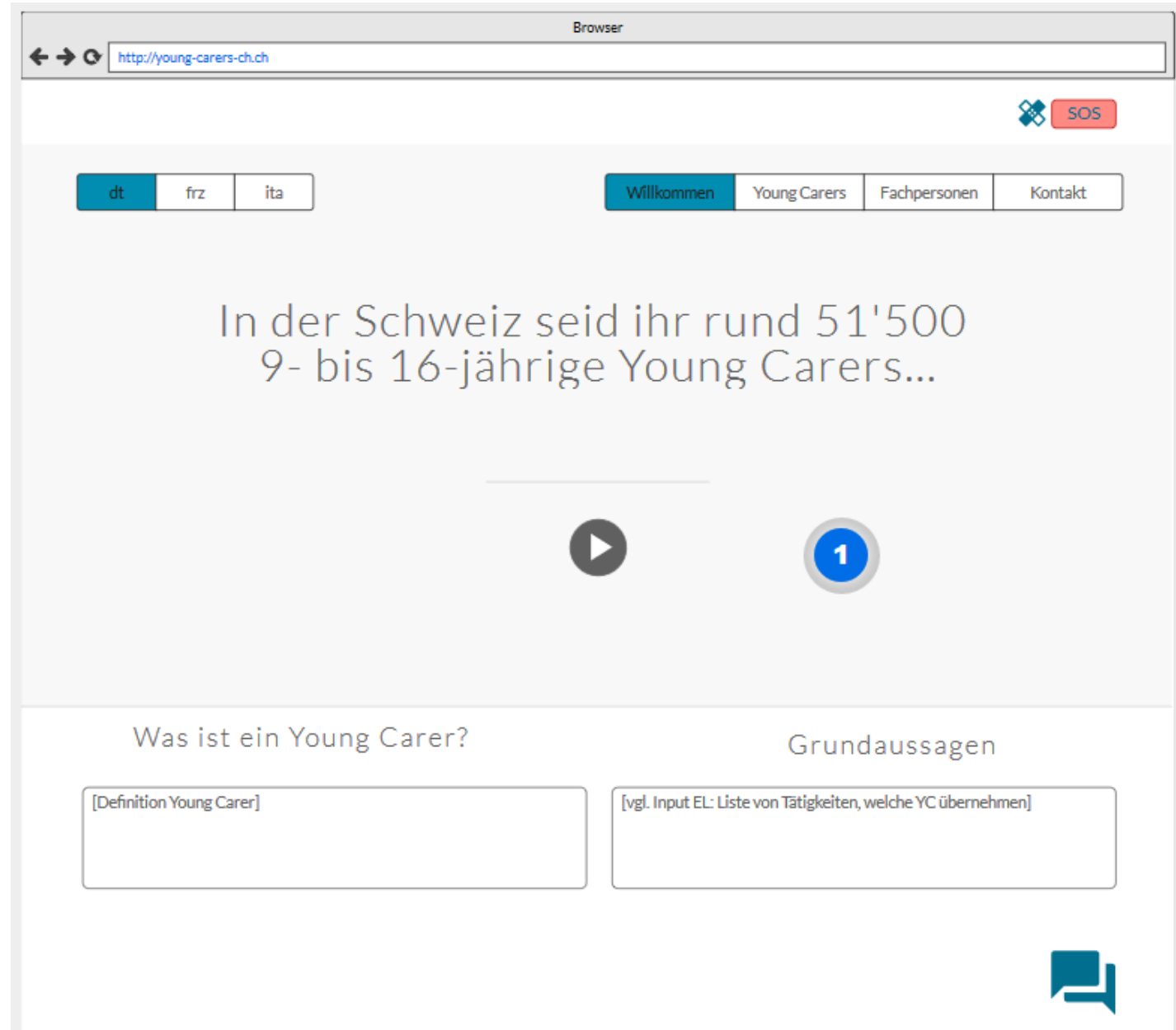
Quelle: Otto U., Leu A., Bischofberger I., Gerlich R., Riguzzi M., Jans C., Golder L. (2019): Bedürfnisse und Bedarf von betreuenden Angehörigen nach Unterstützung und Entlastung – eine Bevölkerungsbefragung. Schlussbericht des Forschungsmandats G01a des Förderprogramms «Entlastungsangebote für betreuende Angehörige 2017–2020». Im Auftrag des Bundesamts für Gesundheit BAG, Bern.

5. National Young Carers Network Map

Impressions from the workshop with Young Carers and professionals



5. Network map - mockup



5. National Young Carers Network Map

Implementation planned: 2021-2023

Funding to date:



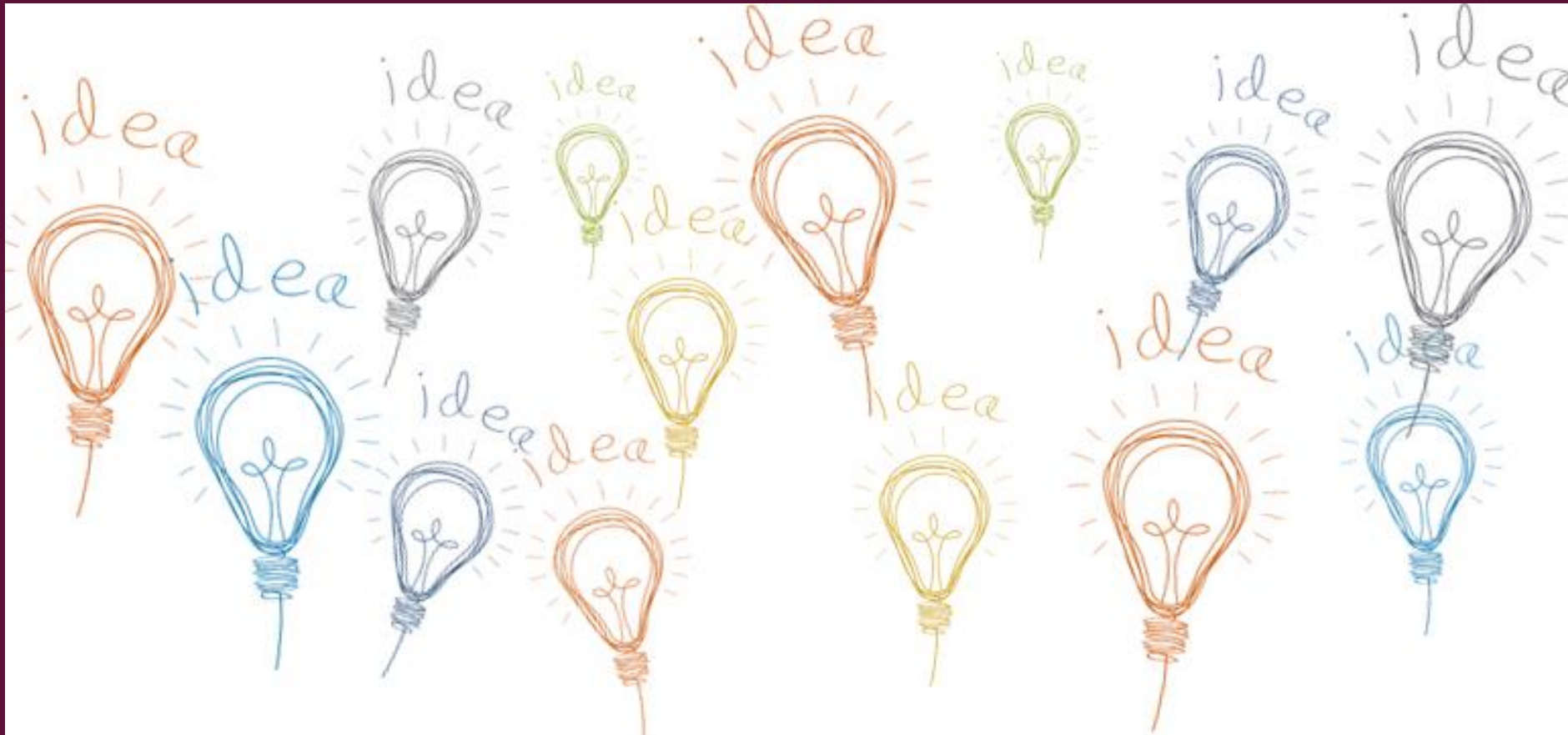
Beisheim Stiftung



Gesundheitsförderung Schweiz
Promotion Santé Suisse
Promozione Salute Svizzera

ERNST GÖHNER
STIFTUNG

6. Questions & discussion



Stay in touch



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<https://www.youtube.com/channel/UCkLqoYhc4gUgkzZyKPw3t6g>

Instagram

[@Young_Carers_CH](https://www.instagram.com/careum_hochschule_gesundheit)



<http://blog.careum.ch/?s=Young+Carers>



<https://www.careum-hochschule.ch/Young-Carers>



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Merci!

Selected Publications

- Joseph, S., Sempik, J., Leu, A., & Becker, S. (2020). Young Carers Research, Practice and Policy: An Overview and Critical Perspective on Possible Future Directions. *Adolescent Research Review* 5(1), 77–89. doi:10.1007/s40894-019-00119-9
- Leu, A., Wepf, H., Sempik, J., Nagl-Cupal, M., Becker, S., Jung, C., & Frech, M. (2020). Caring in mind? Professionals' awareness of young carers and young adult carers in Switzerland. *Health & Social Care in the Community* 28(6), 2390–2398. doi:10.1111/hsc.13061
- Leu, A., Becker, S. (2019). Young carers. In H. Montgomery (ed.), *Oxford Bibliographies in Childhood Studies*. New York: Oxford University Press. doi:10.1093/obo/9780199791231-0120.
- Leu, A., Frech, M., Wepf, H., Sempik, J., Joseph, S., Helbling, L., Moser, U., Becker, S., Jung, C. (2019). Counting Young Carers in Switzerland - A Study of Prevalence. *Children & Society*, (33,1), 53-67. doi:10.1111/chso.12296
- Otto U., Leu A., Bischofberger I., Gerlich R., Riguzzi M., Jans C., Golder L. (2019). Bedürfnisse und Bedarf von betreuenden Angehörigen nach Unterstützung und Entlastung – eine Bevölkerungsbefragung. Schlussbericht des Forschungsmandats G01a des Förderprogramms «Entlastungsangebote für betreuende Angehörige 2017–2020». Im Auftrag des Bundesamts für Gesundheit BAG, Bern.
- Leu, A., Frech, M., Jung C. (2018). Young Carers and Young Adult Carers in Switzerland: Caring Roles, Ways into Care and the Meaning of Communication. *Health and Social Care in the Community*. doi: 10.1111/hsc.12622.
- Leu, A., Frech, M., Jung C. (2018). "You don't look for it" – a study of Swiss Professionals' Awareness of Young Carers and their Support Needs. *Health Soc Care Community*. 2018;26:e560–e570.
- Leu, A., Becker S. (2017). Länderspezifisches Bewusstsein zur Situation von Young Carers. Eine globale Betrachtung. In Zentrum für Qualität in der Pflege (Hg.), *ZQP-Report Junge Pflegende* (1st ed., pp. 31–35). Berlin.
- Leu, A., Becker S. (2016). A cross-national and comparative classification of in-country awareness and policy responses to 'young carers'. *Journal of Youth Studies*, 1-13.

Full publication list: <https://www.kalaidos-fh.ch/en-GB/Forschung/Fachbereich-Gesundheit/Young-Carers/Publikationen>