

# Digestible Insights: Lunchtime Webinars

Wednesday, 26th June 2024

12.15-13.15



COMPETENCE NETWORK  
HEALTH WORKFORCE

## Moral Distress and Strategies to Build Moral Community in Healthcare

Moral distress is a pervasive phenomenon in healthcare and contributes to healthcare worker burnout, turnover and withdrawal from patient care. The COVID-19 pandemic further served to highlight the negative impact of moral distress. In this presentation, Dr. Morley will describe the empirical basis for the development and refinement of moral distress into 5 sub-categories and will argue that a broader approach to moral distress can help to build a foundation for a moral community. Dr. Morley will then provide strategies that healthcare professionals, teams and institutions can utilize to mitigate the negative effects of moral distress and strengthen their moral communities.

**Georgina Morley, PhD, MSc, RN, HEC-C** is Nurse Ethicist and Director of the Nursing Ethics Program at the Cleveland Clinic. Dr. Morley is a clinical ethics consultant (>300 consults) and researcher. Georgina's empirical research is focused on understanding the ethical experiences of nurses, moral distress, and creating and testing interventions to mitigate the negative effects of moral distress. Georgina is recognized as an international expert on moral distress, has been invited to speak on the topic in Europe, North and South America, and Australia, and has published peer-reviewed papers and book chapters on the topic.



**Link Webinar**

